

Nutrition Facts

Serving Size 100 grams (100g)

Amount Per Serving

Calories 345 Calories from Fat 13

% Daily Value*

Total Fat 2g 2%

Saturated Fat 0g 2%

Trans Fat

Cholesterol 0mg 0%

Sodium 4mg 0%

Total Carbohydrate 75g 25%

Dietary Fiber 10g 40%

Sugars 1g

Protein 11g

Vitamin A 0% • Vitamin C 0%

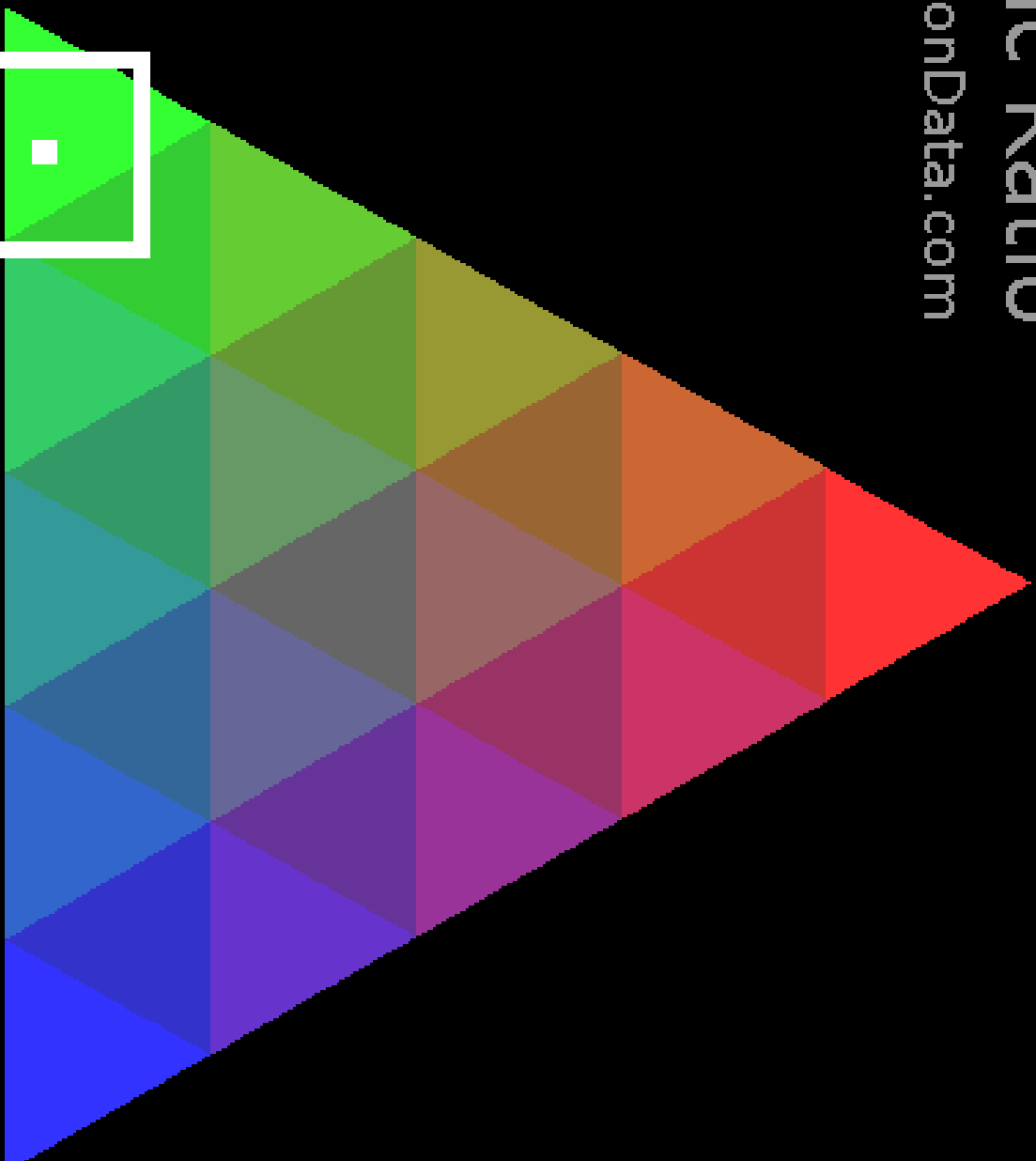
Calcium 3% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

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Caloric Ratio

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85

%Carbs

4

%Fats

11

%Protein